

It's not theory. It's what works.

You already give everything to the young people you serve. This program gives you a proven framework to work with more confidence and less depletion — and the skills to lead others to do the same.

● BUILT ON FRONTLINE PRACTICE · VALIDATED BY GOLD-STANDARD RESEARCH

WHAT YOU'LL WALK AWAY WITH

- ✓ De-escalate conflict proactively and cultivate a trusting environment
- ✓ Manage stress and emotional energy to sustain long-term effectiveness
- ✓ Communicate confidently with parents, teachers, and supervisors about your work
- ✓ Strengthen relationships and build a genuine sense of community wherever you work
- ✓ Lead by example, modeling the social-emotional skills you want to see in others
- ✓ Weave skill-building into the program day without adding to your workload
- ✓ Coach colleagues and advocate for SEL across your organization and school
- ✓ Earn a certificate of completion after each track, verifying your PD hours

HOW IT WORKS — THREE TRACKS, ONE JOURNEY

TRACK 1 · SEP 2026

SEL Essentials for Leaders

Understand it

Explore the fundamentals of SEL and reflect on your own experience with it, personally and professionally.

TRACK 2 · JAN 2027

Bringing SEL to Life with Staff

Live it & lead it

Model and coach within your organization, give growth-focused feedback, and build emotionally intelligent environments.

TRACK 3 · MAR 2027

Strategies for Youth Development

Put it into practice

Embed SEL into daily programming and build a culture where safe spaces and positive behavior are the foundation.



“This was like executive coaching for me personally and professionally. I feel more empowered to have greater impact with the youth we serve!”

COHORT PARTICIPANT · BOYS & GIRLS CLUB OF METRO ATLANTA

Join our 2026–2027 cohort — at no cost.

Enrollment is fully funded for all participants. Spots are limited.

sarahstein@wingsforkids.org

wingsforkids.org · Charleston & Atlanta